

SEEKPRAYSHARE

SISTERS OF ST. BENEDICT OF FERDINAND, INDIANA

VOLUME 16 NUMBER 3 | SPRING 2026



Contents

FROM THE PRIORESS	01
NEW & NOTEWORTHY	02
New Oblates and a mission trip to Mexico by two of our Sisters.	
SISTER OF GRATITUDE	03
Sister Corda Trouy continues a life of service.	
IMPACT REPORT	04
A quick look at some of the ways we're making the world better.	
VOCATION SHEPHERD	05
Sister Jill Reuber helps women hear God's persistent call.	
A GRANDPARENT'S WORK	09
Could your granddaughter be a Sister? And how can you help?	
IN MEMORIAM	10
We say goodbye to our dear Sister Karlene Sensmeier.	
TAX SMART GIVING	11
How you can support the Sisters. Plus 2026 tax law changes.	
RETREATS & MORE	13
Our schedule of retreats for 2026, plus spiritual direction.	



www.thedome.org | 812.367.1411
802 E 10th St., Ferdinand, IN 47532-9239

The Sisters of St. Benedict of Ferdinand, Indiana, is an exempt organization as described in Section 501(c)(3) of the Internal Revenue Code, EIN 35-0953517. Your gift is tax-deductible to the extent allowed by law.



Spring is coming! It may not feel like it yet, but it's on its way...a joyful reminder of the eternal faithfulness of God.

This issue of *Seek Pray Share* offers so many examples of faithfulness. You'll read about our Oblates, who strive to be faithful to the Gospel and to the Rule of St. Benedict. And Sister Corda, who continues to devote herself to those who support our work.

You'll learn about Sister Jill, who has been faithful in all her work, but especially walking with young women who are considering religious life. And our dear Sister Karlene, who was faithful throughout a beautiful and impactful life.

You'll also learn about upcoming retreats and opportunities for spiritual direction, all designed to illuminate God's faithfulness in our daily lives.

Beneath it all is the constant faithfulness of you and all our friends and supporters who make our ministries possible. We simply could not do our work without you. This issue is a testament to your faithful generosity, and to our unending gratitude.

Sister Anita Louise Lowe, OSB

Sister Anita Louise Lowe, OSB
Priress

Welcome to Our Newest Oblates



After a year of study with their Sister and Oblate companions, Sue Yochum, Rebecca Byrd and Lissa Kaszynski made their final oblation at Monastery Immaculate Conception last fall.

Sue is a former member of the Ferdinand Benedictines, and works for the Sisters. Lissa and her husband are retired with 4 adult children. Rebecca Byrd lives in Newburgh with her husband Justin. All three were accompanied in their walk over the past year by one of the Sisters and one of our Oblates.



Scan this code with your phone to learn more about becoming an Oblate.

Living Our Benedictine Values South of the Border

In December, Sister Teresa Gunter (“Sister T”) and Sister Mary Jacqueline Kissel (“Sister Jackie”) traveled over 1,200 miles from Ferdinand to Piedras Negras, Coahuila, Mexico, just a few miles across the Rio Grande River from Eagle Pass, Texas, to spend three weeks at Casa Bethesda Un Hogar para Descapacitados, or The Bethesda Home for Disabled Children.

It was created in 1995 by Pastor Paulino and Gilberta Esquivel, who received a very specific call from God to open a refuge for disabled, orphaned and abandoned children.

The residents of Casa Bethesda range in age from 14 to 48. Most were abandoned by their families, with no one to support them or care for them, with conditions including Down syndrome, cerebral palsy, bipolar disorder and more.

All are attended to 24/7, 365 days a year, by the couple and a small staff, with no assistance from the government, and will probably spend the remainder of their lives at the home. Sister T and Sister Jackie devoted their three weeks to painting, cleaning, building cabinets and spending time showing the residents a lot of love and care.





Sister Corda: Sharing Her Community's Gratitude

Sister Corda Trouy spent more than four decades teaching in parish schools, beginning in 1957 at St. Mary's in St. Marys, Pennsylvania. She taught early elementary classes — with as many as 45–50 students in class at a time! But she always worked hard to make each classroom feel "homey."

"I loved teaching," she says. "And *all* the children were my favorites. They were themselves, and we had a good relationship." One rascal she taught from second through seventh grade recently sent word that he had "reformed." That meant a great deal to her. "I prayed for him often. God gave me a lot of patience, and I'm grateful for that."

Regarding her Ferdinand Benedictine community, she says "I stepped inside the building and was so happy. I love it here — and the Sisters loved me."

Today, she makes donor thank-you calls, speaking with supporters from across the country. "People appreciate the calls," she says. "Some even call me back to thank me. They say they give to different places, but never hear a word of thanks." For Sister Corda, these conversations are simply another way to continue a lifetime of offering care, encouragement, and prayer. "I ask God to bless each person and their loved ones," she says. "I'm glad I can make a difference."

Impacting Our World

Meeting the Physical Needs of God's People

Caring for the Homeless through work with Habitat for Humanity and the Coalition for the Homeless

Feeding the Hungry through work with St. Vincent de Paul, Dove House and our Blessings Cabinet

Visiting the Prisoner through our ongoing Prison Ministry to female inmates in Indiana and Ohio

Caring for the Stranger by helping legal immigrants on the formal path to becoming U.S. citizens



Sister Rebecca Ann Mathauer teaches at Holy Trinity School in Jasper.



Sr. Jane Michelle McClure at St. Theresa Place for Habitat for Humanity

Sr. Betty Drewes makes monthly trips to Paducah to provide spiritual direction



Sr. Dorothy Graf serves as chaplain for St. Francis Hospital in Indianapolis



Meeting Spiritual Needs

Praying for Thousands of special intentions and requests every year through our Prayer Ministry

Shepherding Souls through the work of our ten certified Spiritual Directors in Indiana and Kentucky and through retreats throughout the year

Opening Our Doors as we invite all to join us for daily prayer, Mass and tours

Offering Comfort as Chaplains serving in settings that include universities and hospitals



Sr. Rose Mary Rexing manages our Benedictine Hospitality Center

Actively Involved in Our Region

Serving Our People through participation on local advisory committees, groups and boards

Inviting Participation in our Benedictine lifestyle through our growing Oblate community

Providing Leadership in a variety of Benedictine and religious organizations and councils

Empowering Women to effect change through our Women of the Rule philanthropy circle

Honoring Legacy for those who include us in their estate plans with our St. Hildegard Society



Sr. Barbara Catherine Schmitz with our Women of the Rule

Leading by Listening

Sister Jill walks with women discerning a call to religious life.



When Sister Jill Reuber first walked onto the grounds of the Sisters of St. Benedict in Ferdinand as a college student, she didn't yet see herself as a Sister.

At that time, she was simply a young woman seeking prayer, community, and a place where faith could be lived with others. Yet what she discovered in those early visits would shape her life in ways she could hardly have predicted.

Today, as Vocation Director for the community, Sister Jill accompanies women who are exploring their own call — often while reflecting on how her journey began.

Her path to becoming a Benedictine Sister started during her freshman and sophomore years at college, when she joined an Appalachia service trip over spring break.

What she found there — shared prayer, community, and the rhythm of work balanced with something deeper — awakened a longing she couldn't ignore.

"I fell in love with our way of life," she recalls. "Just like a man and a woman fall in love together, I fell in love with this Benedictine way of life."

During her junior and senior years, she worked for the Diocese of Evansville's summer camp program. Whenever girls' camp was in session, the staff visited the Ferdinand monastery. There, she met the vocation director, who invited her to a "Come and See" weekend.

Jill kept returning. The more she experienced the Sisters' life — their common prayer, their joy, their commitment — the more she sensed that it fit not only her faith, but also her desire to teach.

By November of her senior year, she submitted her application. In January, she received a phone call in her dorm room from then-prioress Sister Joella, telling her she had been accepted as a postulant.

The news moved her in an unforgettable way. "I went running down the dorm hallway saying, 'I'm going to be a nun!'" she laughs.

Her friends celebrated with equal enthusiasm; for her 22nd birthday, they surprised her by filling her dorm room with balloons, confetti, and a homemade cake decorated with Bibles and crosses.

Her family, too, was supportive, though she admits she told them only after turning in the application. "I recommend doing it the opposite way," she adds with a smile.

In August of 2003, just months after graduating college, she officially entered the community with a bachel

lor's degree in elementary education and a teaching license. She knew she wanted to teach — and she wanted to do it as a Benedictine Sister.

Her first ministry assignment was in Evansville as a teacher's assistant in a kindergarten classroom at St. Benedict School. She also ran the after-school program, gaining hands-on experience with students and families.

Five years of teaching fourth grade at St. Bernard School in Rockport followed. The small school, with fewer than 100 students in grades K - 8, gave her room to grow as an educator and to explore what it meant to teach as a Benedictine: "How am I a teacher differently than a married woman or a single woman is?" she often reflected.

LEFT

Sister Jill gives a group of students from Louisville's Sacred Heart Model School a tour of the monastery — and a look at religious life within a monastic community.



For her, the answer lived in the daily interactions: being a listening presence, modeling the Benedictine call to community, and grounding her teaching in prayerful attentiveness.

Next, Sister Jill moved to Louisville to teach first grade at St. Patrick School. The shift was dramatic: from nine fourth-graders in Rockport to 23 first-graders at a much larger school with a wide socioeconomic range.

She loved first grade. “Seeing reading click for the first time for a student — that’s a joy that never gets old,” she says.

Her principal later recruited her to join him at Sacred Heart Model School, where she taught third and fourth grade language arts and math, and was special needs coordinator for kindergarten through second grade.

Eventually, she fulfilled a long-held desire to teach second grade, preparing students for First Reconciliation and First Communion.

Along the way, she completed her master’s degree in education with an emphasis in reading — a testament to her dedication both to learning and to the children she served.

Though Sister Jill loved teaching, her community saw another gift in her: the ability to walk with women discerning religious life. Not long after Sister Anita Louise Lowe was elected prioress, she invited Jill to take a walk with her.

Sister Anita told her, “I really feel you would make a great vocation director — and you’d bring passion and love for the ministry.” Sister Jill’s response was honest: “I hear you, but I love teaching.”

RIGHT
Sister Jill in the podcast studio at the monastery, recording one of the episodes that will air when the Sisters’ podcast launches later this year.



But after several days of prayer and discernment, she agreed, on the condition that she could continue teaching part-time in Louisville. That flexibility helped her transition while staying grounded in the ministry she already loved.

In the fall of 2019, she officially became Vocation Director. Months later, the world changed. When the pandemic hit in early 2020, in-person visits to the monastery came to a halt.

Jill quickly adapted, embracing Zoom conversations, virtual “Come and See” retreats, and digital outreach.

“I think it helped us pivot,” she says. “Women couldn’t come here, but we could still meet, talk, pray, and accompany them.”

She loves the collaborative spirit of vocation ministry. She sees it not as recruiting, but as helping women learn where they might be “happiest and holiest,” even if it leads them to another order.

“We’re not in competition,” she says. “If a woman isn’t called here, I’ll connect her with a community that might be a better fit. And other vocation directors do the same for us.”

Her ministry also touches families, pastors, teachers, and parish leaders — the broader circle of people who influence a woman’s discernment.

Many inquiries begin online. “All of the six women I’m talking with seriously right now came through our website,” she says. “It takes courage to fill out a form and say you want to talk about religious life.” Social media and the Sisters’ new podcast help extend that reach, especially given Ferdinand’s rural location.

Many people imagine that women entering religious life today are giving up more than ever. But the women Sister Jill speaks with frequently see the opposite.

One woman who is discerning — a homeowner with a car, a career, and even a cat — told her plainly: “I don’t think about what I’m giving up. I think of all that I’m gaining.” Community. Prayer. A deeper relationship with Christ. For her, these outweighed every material sacrifice.

Sister Jill believes God is calling as many women as ever — but not in the same way or at the same age. In the 1950s and 60s, 18-year-old entrants were common. Today, women often come with more life experience, in their mid-20s, 30s, or later.

Women also have more career options now. “In the past, you could be a teacher, a nurse, a secretary or a nun. Now, a woman can do anything a man can do.”

That makes the vocation landscape more complex — but also more expansive. The Sisters encourage women to pursue careers that align with their passions, from education to social work to health care, while holding community and prayer as central.

Looking back, Sister Jill sees many things that unfolded as she expected, especially her years of teaching.

But what surprises her most are the leadership roles she now holds beyond the classroom: on the National Religious Vocation Conference board, in national Benedictine vocation and formation groups, and serving on the monastic council.

She credits her community for seeing gifts she didn’t always see in herself. “That’s one of the beauties of community,” she says. “Someone else can see something in you before you can see it.”

She also treasures the deepening of her spiritual life — something she never imagined would one day include an annual seven-day silent retreat. “My relationship with Jesus has grown so much,” she says. “It gets nurtured every day.”



Scan this code with your phone to learn more about becoming a Sister of St. Benedict.

A Sister Sister

Few Sisters can say they have a sibling who also followed a call to religious life — but Sister Jill can.

She is a triplet, one of two girls and a boy. Around 2010, her sister Susan began discerning religious life, initially visiting Ferdinand. But after several visits to the Benedictines of Our Lady of Grace in Beech Grove, Indiana, she realized her heart was at home there.

Jill encouraged her wholeheartedly. “You need to go where you’ll be your happiest and holiest,” she told her.

Their shared vocation has deepened their relationship — and their family’s. “Our parents say they’ve just gained two very large extended families,” Jill says with a laugh. “My dad loves that he doesn’t have to remember everyone’s name — he can just say ‘Sister,’ and everyone answers!”

BELOW

Triple play: Sister Jill and Sister Susan with brother Eric.



A Loving Grandparent.

Helping a granddaughter (or daughter) listen for God's call.

If you've had the joy of watching a granddaughter grow from a curious child to a compassionate young woman, perhaps you've sensed a longing in her to serve God and others.

That quiet yearning may be the beginning of a vocation, a beautiful call to religious life. Encouraging her to explore that call is one of the greatest gifts you can give... the freedom to discover where God may be leading her.



Is She Hearing God's Call?

The call to religious life often begins as a quiet whisper...a gentle pull toward a life of prayer, service and community.

If your granddaughter feels drawn to faith, if she speaks often of helping others, or if she looks for meaning beyond career or success, she may be hearing that special, sacred call.

Young women discerning a call to the Sisters of St. Benedict find joy in living the timeless Benedictine values: prayer, community, service and hospitality.

Doubt Is Normal.

Many loving parents and grandparents hesitate to encourage religious life. Some concerns are common.

“Will she be lonely?”

Benedictine life is deeply communal. Sisters share meals, prayer, work and laughter every day — and interact with people from all walks of life daily.

“Will she sacrifice too much?”

Every worthy calling — marriage, parenthood, service — involves sacrifice. Religious life is not about loss. It's not “less than.” It's about finding joy in giving one's life to something greater.

“Does God still call women?”

God is unchanging. So are his priorities. The need has never been greater for women in religious life and the work they do to make our world better.

“Is it too old-fashioned?”

The Sisters of St. Benedict are modern, educated women living timeless values. They're educators, healthcare leaders, advocates, managers, mentors and more, shaping the world through work and faith.

A Life of Meaning, Purpose and Joy

To “prefer nothing whatever to Christ” is our guiding principle. In that devotion, we find a joy deeper than circumstance, a peace that endures, and a purpose that transforms and enriches our lives.

When you nurture a granddaughter's faith, you nurture her freedom to say “yes” to God.

Encourage the Journey

If your granddaughter is exploring her faith or wondering how God is calling her, encourage her to connect with us. The Sisters of St. Benedict welcome women through age 40 to visit, pray, and learn more about life in community without pressure or persuasion.

Contact:

vocation@thedome.org
812-367-1411 ext. 2830
www.thedome.org

In Memoriam

God's promise has been fulfilled for our dear Sister.

Sister Karlene Sensmeier of Monastery Immaculate Conception in Ferdinand, Indiana, died at 6:00 p.m. on Sunday, October 12, 2025, at Memorial Hospital in Jasper.

Sister Karlene was born Caren Agnes Sensmeier on March 13, 1944 in Princeton, Indiana, the oldest of four children of Edward G. Sensmeier and Mildred E. (Schaefer) Sensmeier. She entered the Sisters of St. Benedict of Ferdinand in 1962 from Sts. Peter and Paul Parish and made her monastic profession in 1964.

Sister Karlene earned a Bachelor of Science in Elementary Education from Saint Benedict College in Ferdinand, IN, a Master of Science in Elementary Education from Indiana University in Bloomington, IN, and studied at the Institute for Spiritual Leadership in Chicago, IL.

She taught at Saint Matthew School in Mount Vernon, IN; Saint Mary School, Apple Valley, CA; and Saint Benedict School in Evansville, IN, where she was also the Principal for a total of 34 years. She was an Administrator at the Institute for Spiritual Leadership in Chicago, IL, and on May 29, 2017, received the Pro Ecclesia et Pontifice Cross — the highest Papal award for a woman.

At Monastery Immaculate Conception in Ferdinand, IN, Sister Karlene served as Associate Director of Development, Chairperson of the Long-Range Planning Committee, Director of the Kordes Enrichment Center, Director of Outreach and Engagement, in Supportive Services, and most recently as Companion for Major Gift Officers. Sister Karlene was also a part of the group of musical sisters in Ferdinand who would perform for the general public as the Convent Combo, and as Stillpoint when performing sacred concerts.

The Gospel from her funeral Mass told of Jesus telling the disciples to let the little children come to him. Sister Jane Becker noted, "Of course there is a parallel here; Sister Karlene worked with children for a few years as a teacher and many years as principal. And she certainly knew how to call the children to her and relate to them in a caring way. We know that Sister Karlene's care extended beyond her children. Student or staff member, she loved each one, noticed them, intuitively knew what kind of support or challenge each one needed, and took action to get them what they needed."

In the second reading, Sister Jane noted that "St. Paul prayed that our love may overflow more and more, with knowledge and full insight to help us determine what is best. Sister Karlene had this gift, to have insight, flowing out of her love, to determine what was best. She would wish that same gift for us, to intuit what is needed so that we can become channels of God's love." She added that, as Sister Karlene searched for God, "so she would find God, first in all those who passed through her life and now face-to-face with the Divine in heaven. Having produced a harvest of righteousness that came to her through Jesus Christ for the glory and praise of God, her good work on this earth is now brought to completion. May our journeys be the same."



*Scan this code
with your phone
to hear Stillpoint
perform Sister
Karlene's
favorite
song, "The
Memorare."*



Tax-Smart Giving

Join the Sisters in Their Mission.

As faithful supporters of the Sisters of St. Benedict of Ferdinand, you are already generous in your giving. But did you know that recent tax changes could help you make an even greater impact while keeping more money in your pocket? Let's explore how you can support the Sisters' vital ministries more effectively in 2026 and beyond.

Important Tax Changes in 2026

In 2025, new tax legislation introduced significant changes to charitable giving deductions that take effect for the 2026 tax year.

Good News for Everyone

Starting in 2026, even if you don't itemize your taxes, you can now deduct up to \$1,000 for single filers and \$2,000 for married couples filing jointly for cash donations to qualified charities like the Sisters of St. Benedict.

Important Changes for Itemizers

If you do itemize, beginning in 2026 you can only deduct charitable contributions exceeding 0.5% of your adjusted gross income.

Additionally, high-income earners in the top tax bracket will see their charitable deductions capped at 35% instead of 37%.

Savvy Ways to Give: Beyond Cash

While cash donations are wonderful, there are even more tax-advantaged ways to support the Sisters.



Qualified Charitable Distributions (QCDs): A Gift That Works Harder

If you're 70½ or older with an IRA, you can transfer up to \$111,000 this year directly to the Sisters without including it in your taxable income.

Even better, it counts toward your Required Minimum Distribution and bypasses both the new charitable giving floor and the cap on deductions. The gift never shows up as income on your tax return, which can help keep you in a lower tax bracket and potentially reduce Medicare premiums.



Appreciated Stock: Give More, Pay Less

Instead of selling appreciated stocks and paying capital gains tax, donate them directly to the Sisters. You'll avoid the tax entirely and can still claim a charitable deduction for the full fair market value.

For example, if you purchased stock for \$5,000 that's now worth \$15,000, donating the stock directly means you avoid tax on the \$10,000 gain and deduct the full \$15,000 value.

Charitable Gift Annuities: Income for Life While Supporting the Sisters

A charitable gift annuity lets you make a gift while securing fixed income payments for life. You'll receive competitive rates based on American Council on Gift Annuities (ACGA) recommendations, plus a charitable deduction.

Recent tax law now allows you to fund a charitable gift annuity using a QCD from your IRA (one-time, up to \$55,000), turning retirement savings into both personal security and lasting support for the Sisters.

We offer obligation-free proposals to show you exactly how this might work for your situation.

Don't Forget: Planned Giving

Many of our supporters tell us they think of the Sisters as family, and that's exactly how the Sisters think of you. When you include the Sisters of St. Benedict in your estate planning through bequests, trusts, or beneficiary designations, you're creating a lasting legacy that will continue to uphold the values of prayer, work, hospitality, and community life for generations to come.



Your Next Steps

Whether you're interested in making a QCD, donating appreciated stock, exploring a charitable gift annuity, or discussing planned giving options, we're here to help.

Visit www.thedome.org to learn more about the Sisters' mission, or contact our development office at donors@thedome.org or 812-367-1411 x2638 to discuss making your giving more tax-smart this year.



The Sisters have served our community with dedication and love for nearly 160 years. With thoughtful planning, your generosity can go further than ever before while providing you with valuable tax benefits. Together, we can ensure their vital work continues.



Scan this code with your phone to learn more about how you can support the Sisters, or to make a gift online.

This article provides general information only and should not be considered tax advice. Please consult with your financial advisor or tax professional to determine the best giving strategies for your personal situation. The Sisters of St. Benedict of Ferdinand, IN, Inc. is an exempt organization as described under section 501(c)(3) of the Internal Revenue Service code, EIN 35-0953517.

Retreats & More.

Refresh body, mind, soul and spirit in 2026

2026 Retreats at the Monastery

As you look ahead to the remainder of 2026, consider building a break into your busy schedule to pull back from the fast pace of daily life and nurture your spirit.

Why Make a Retreat?

A retreat is a time to step away from your normal routine, slow down, be quiet and reconnect with God. Here, you can focus on your own personal spiritual journey, while enjoying the hospitality and support of the Sisters of St. Benedict.



Choose a scheduled Quiet Retreat or Silent Directed Retreat — or design your own Individual Retreat for two, three or more days. All are designed to guide you on your personal spiritual journey to listen more deeply to the voice of God in your life and circumstances.

While you're here, you can walk the grounds, follow the Stations of the Cross and the Rosary Steps on Grotto Hill, enjoy the Cosmic Walk, light a candle at the Marian Grotto and join the Sisters for the Liturgy of the Hours and Eucharist. Or you can find a quiet place, within the monastery or outside, to rest and reflect.

We are committed to offering spiritual nourishment to all regardless of their ability to pay, which is why we offer a limited number of scholarships for our spiritual retreats. For information or to apply, contact the Benedictine Hospitality Center.

Pause & Pray Days

Each date is a reflection on a woman Doctor of the Church, with a goal of incorporating their spirituality into your own life.

- **May 6, 2026:** St. Teresa of Avila on trusting our personal experience of God.
- **August 6, 2026:** St. Catherine of Siena leads us to grow in love and truth.
- **November 6, 2026:** St. Hildegard of Bingen on a passionate and creative life.

*9:00 a.m. – 5:00 p.m. EST
\$40 each (includes lunch)*

Rest & Refresh Overnight for Caregivers

Take time away from the expectations and responsibilities of caregiving. Informal discussion and creative activity are available.

- **August 25 – 26, 2026**

*Begin at 11:00 a.m. EST and end the following day at 1:00 p.m. EST.
\$125 per person (includes meals and overnight accommodations)*

Silent Directed Retreats

Reflect and listen to God's call with a spiritual director to guide you for about 50 minutes every day. Pray, rest, meditate, and nurture your spiritual life. We open and close with a prayer service, with meals in silence with meditative music.

- **September 11 – 18, 2026**
- **October 9 – 16, 2026**

\$800 per retreat (includes meals, overnight accommodations and spiritual direction)

Guided Weekends

Rest & Refresh Weekend for Caregivers

Take a weekend break from caregiving to care for yourself. Receive tips for self care, spend quiet time acknowledging the challenges of caregiving and celebrating the gifts you offer. Reflecting and sharing, as well as meals and lodging, will be incorporated into the time.

- **April 10 – 12, 2026**

Advent Wisdom: Prepare the Way

Reflect on ways to grow in faith, hope, love, and peace this Advent. Step away from the rush of holiday preparation and experience the true meaning of Christmas more deeply.

- **December 4 – 6, 2026**

All Guided Weekends begin at 7:00 p.m. EST on Friday and end at 1:00 p.m. EST on Sunday.

\$250 per person Single Occupancy

\$200 per person Double Occupancy

Come to the Quiet Retreats

Renew and revitalize body, mind and spirit with rest and prayer in a peaceful atmosphere. The Quiet Retreat will open and close with a prayer service, but the rest of the time is for you to spend as you see fit. Meals will be in a quiet atmosphere with reflective music. Spiritual Direction available if requested for an additional charge of \$50 per session.

- **March 9 – 13, 2026**

\$375 (includes meals and overnight accommodations)

- **May 4 – 8, 2026**

\$375 (includes meals and overnight accommodations)

- **August 14 – 21, 2026**

\$575 (includes meals and overnight accommodations)

Keep Watch with Me: Triduum Retreat

Join the Benedictine monastic community for the special daily prayers and services on Holy Thursday, Good Friday, Saturday Easter Vigil and Sunday Sunrise Service. Spend the rest of the time in silence and private prayer, meditating on the mysteries of these holiest of days.

- **April 1 – 5, 2026**

\$400 (includes meals and overnight accommodations)



*Scan this code
with your phone
to register for a
retreat.*

Individual Private Retreat

Create your own retreat, preferably Monday – Friday, seeking where the Spirit leads you. During your stay, your schedule will be your own. Spiritual Direction may be available if the schedule allows at an additional charge (\$50 for one hour session during the retreat). Join the Sisters for daily Liturgy of the Hours. Renew your energy and purpose as you experience God's love.



Spiritual Direction

Deepen your spiritual life on a more personalized level with accompaniment from one of our certified Spiritual Directors. Through regular meetings at the monastery, at another location or online, share your story and listen together for God's call and presence in the ordinary events of your life.

The standard fee for spiritual direction is \$60 per session (\$50 within a retreat). No one will be deprived of spiritual direction for financial reasons. For more information, visit thedome.org/direction where all our Spiritual Directors are listed.

